

<b>Priority:</b>	Education	<b>Lead Agency:</b>	County Human
<b>Program Offer Type:</b>	Existing Operating	<b>Program Contact:</b>	Godwin Nwerem
<b>Related Programs:</b>	10030, 21015A, 21016A, 21020A, 25074, 25077A, 40047, 25094, 25095, 25096		
<b>Frameworks:</b>	School Aged Policy Framework		

### Executive Summary

Children and teens with emotional problems often have trouble safely participating in and completing school. This program pays for Mental Health Consultants to be placed in schools and school health clinics to consult with families, schools and school health clinic staff, and other County and community providers. Mental Health Consultants also provide culturally competent and culturally specific, family focused, direct mental health treatment services to vulnerable children, teens, and their families.

### Program Description

One in five school aged children and teenagers experience a significant mental health problem. This School Mental Health program offer increased access to direct mental health services in East County and Portland schools. Suicide is the number two cause of death among young people in Oregon. Mental Health Consultants provide accessible crisis services in schools to help children and teens stay safe and keep them from hurting themselves or others. There are two School Mental Health offers: County Income Tax(ITAX)and County General Fund (CGF). These offers work together to provide family focused, culturally competent and culturally specific direct mental health services from Master's level clinicians. These Mental Health Consultants serve students and families at their schools and County School Health Clinics across Multnomah County. Fifty-nine percent of students seen by School Mental Health Consultants have a history of abuse. School Mental Health builds on the assets of vulnerable students and their families while treating their mental health problems. Students and families getting mental health assessment, treatment and referral services are reconnected to their schools and increase their rate of school success, attendance and completion. Treatment includes interventions with schools and classrooms, individual, family and group treatment and assistance to access or coordinate services. Mental Health Consultants also do consultation, outreach, and education and prevention presentations for additional students. These contacts are with families, classrooms, school staff, County School Health Clinic staff, County Touchstone, SUN School and Student Attendance Initiative staff, and community providers. School Mental Health services help implement the School Age Policy Framework across Multnomah County. In School Health Clinic sites forty-three percent of students seen had no insurance.

### Program Justification

The School Mental Health program links directly to both the Education and Basic Living Needs Priorities by treating students mental health problems to support their successful school completion. This program helps implement the School Age Policy Framework. Students with mental health needs are identified and receive earlier intervention. Access to mental health services in East County and Portland schools is improved. Mental Health Consultants bridge gaps in mental health service access for students and families. The stigma of using mental health services is reduced by seeing students and families in schools, County School Health Clinics, and family homes. Culturally competent and culturally specific mental health services are more accessible to children and their families. With school based mental health services, students are more likely to complete school and avoid poverty by becoming healthy, self-sufficient adults with full employment.

### Performance Measures

Percent of students served by School Mental Health who remain in school (goal of one hundred percent school completion). Percent of students served who show improvement in school attendance, academics, and school behavior. Percent of youth and families served who agree or strongly agree they were satisfied with the services they received on the Youth Services Satisfaction Survey. Total unduplicated number of children and teens receiving direct mental health services through the School Mental Health. Total number of Consultation, Outreach, Prevention and Education contacts with students, families, school staff, school health clinic staff and the public.

### Summary of last year's program results and this year's expected results

This program offer paid for treatment for one hundred and sixty one children, adolescents and their families in the 03-04 school year. Ninety-two percent of the students served remained in school. Forty-five percent of the seven hundred and thirty-three children received a mental health screening and referral. Fifty-five percent received a mental health assessment and treatment or referral services. Of the children receiving services beyond a screening, eighty-four percent showed improvement in academics, ninty-five percent improved in school behavior and eighty-nine percent improved in school attendance. These rates are twenty to twenty-five percent higher than the average improvement for children served by outpatient mental health providers in Multnomah County (average improvement in academics-sixty-six percent, school behavior-seventy percent, and school attendance sixty-seven percent) based on State reports. Culturally competent and culturally specific direct services were provided to children and families: seventeen percent of those served were African American, twelve percent were Latino, four percent were Asian/Pacific Islanders and one percent were Native Americans. Ninety-two percent of youth and families surveyed on the Satisfaction Survey would "return to

the program if they were to seek help again” and eighty-seven percent said “they were helped a great deal”. An additional 3,283 contacts were made with or about students for Consultation, Outreach, Prevention and Education. There were also 167 student contacts in classrooms for presentations. Program goals are to: increase the number of vulnerable students staying in school by providing mental health services to improve their school attendance, academic performance and school behavior. Increase the amount of culturally specific services in this program for Latino students and families within an East County school district.

**Program Mandate: 4 Program and Funding Level Choice****Revenue/Expense Detail**

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
	2005	2005	2006	2006
<b>Program Expenses</b>				
Personnel	\$0	\$0	\$220,349	\$0
Contracts	\$0	\$0	\$16,000	\$0
Materials & Supplies	\$0	\$0	\$21,722	\$0
Internal Services	\$0	\$0	\$41,181	\$0
Subtotal: Direct Exps:	<b>\$0</b>	<b>\$0</b>	<b>\$299,252</b>	<b>\$0</b>
Administration	\$0	\$0	\$4,809	\$0
Program Support	\$0	\$0	\$13,755	\$0
Subtotal: Other Exps:	<b>\$0</b>	<b>\$0</b>	<b>\$18,564</b>	<b>\$0</b>
Total GF/non-GF:	<b>\$0</b>	<b>\$0</b>	<b>\$317,816</b>	<b>\$0</b>
Program Total:	<b>\$0</b>		<b>\$317,816</b>	
Program FTE	0.00	0.00	2.49	0.00
<b>Program Revenues</b>				
Program Revenue for Admin	\$0	\$0	\$0	\$0
<b>Total Revenue:</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>

**Explanation of Revenues**

County General Funds.

**Significant Program Changes**