

Priority: Safety Net Services

Lead Agency: County Human

Program Offer Type: Existing Operating

Program Contact: Godwin Nwerem

Related Programs:

Frameworks: Early Childhood Framework

Executive Summary

The healthy emotional development of children up to age six is supported by this program by providing early childhood mental health consultation, and child and family treatment. Services include classroom consultation, child and family mental health services, Incredible Years Parent groups, and referral services to culturally competent community supports.

Program Description

Mental health consultants from Multnomah County and its contractors work with early childhood care and education settings located in Multnomah County. They provide a comprehensive continuum of culturally competent services to poverty level, at-risk children and families to promote positive emotional, relational development of children up to age 6. Services include early childhood classroom consultation, child mental health assessment and family centered treatment, family mental health services, child specific consultation with early childhood educators, triage and referral, and support and education, including parent groups funded with an Incredible Years Grant from the Federal Substance Abuse and Mental Health Agency. Funding sources include Oregon Health Plan matching dollars from contracted agencies, and a Federal Substance Abuse and Mental Health Services Agency (SAMHSA) grant. Through this program Spanish-speaking parenting and counseling services are provided to Hispanic families at Portland Public Schools Head Start, Migrant Head Start, Albina Head Start, and Mt Hood Head Start. This program works with the Multnomah Commission on Children, Families and Community to identify mental health service delivery needs and system integration. This is a dedicated effort to ensure this program is in line with the Early Childhood Framework.

Program Justification

The National Early Childhood Longitudinal Study demonstrates that children in low-income families lag behind in social-emotional, intellectual, and physical development. Thirty-nine percent of Oregon's children under age six are living in low-income households. Linked directly to the priorities of the Basic Living Needs priority by supporting and educating families and caregivers, this program works to improve these children's level of functioning through parent education, prevention and early intervention services. This is effectively done within home-based, childcare and early childhood educational settings. The program provides access to high-quality, culturally appropriate, family centered services. This program fits into the Early Childhood Framework by providing coordinated services that strengthen the family. Prevention and early intervention services provided to young children and their families can address needs before they become more acute and require more intensive and more costly care.

"Early childhood mental health consultation is a way to promote emotional well-being and provide needed interventions, beginning where most young children spend their days. Consultation is a 'two-for-one' strategy; early childhood mental health consultants can both intervene with individual children and families and improve the quality of early childhood care and education programs." National Center for Children in Poverty

Performance Measures

Ninety percent of children receiving treatment services remain in their current childcare/educational setting. Improved functioning of children receiving treatment as recorded by the Devereux Early Childhood Assessment. Parents of children receiving treatment services satisfied 90 percent of the time with the services received. Agency staff and administrators are satisfied 90 percent of the time with the consultation services received.

Summary of last year's program results and this year's expected results

State and Federal funds paid for approximately 223 children and families to receive comprehensive assessment and referral or treatment last year through this program. This included the provision of culturally specific treatment or assistance in accessing such services when indicated.

Program Mandate: 3 Program Choice but No Funding/Service Level Choice

Financial obligations contingent upon County choosing to operate as a CMHP per ORS 430.620 and contract as MHO. Adult Mental Health Rule 309-032-0525, Child Mental Health Rule 309-032-0950

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
	2005	2005	2006	2006
Program Expenses				
Personnel	\$0	\$115,199	\$0	\$162,191
Contracts	\$0	\$311,886	\$0	\$33,294
Materials & Supplies	\$0	\$19,906	\$0	\$16,132
Internal Services	\$0	\$39,706	\$0	\$194,511
Subtotal: Direct Exps:	\$0	\$486,697	\$0	\$406,128
Administration	\$0	\$0	\$0	\$29,147
Program Support	\$0	\$0	\$0	\$33,822
Subtotal: Other Exps:	\$0	\$0	\$0	\$62,969
Total GF/non-GF:	\$0	\$486,697	\$0	\$469,097
Program Total:	\$486,697		\$469,097	
Program FTE	0.00	0.00	0.00	1.85
Program Revenues				
Indirect for dep't Admin	\$1,663	\$0	\$0	\$0
Intergovernmental	\$0	\$486,696	\$0	\$406,128
Program Revenue for Admin	\$0	\$0	\$0	\$62,969
Total Revenue:	\$1,663	\$486,696	\$0	\$469,097

Explanation of Revenues

Approximately one-third of this program is funded by \$141,952 from State/Federal funds, \$115,200 from Head Start Contracts, \$148,976 from Oregon Health Plan funds.

Significant Program Changes

None Anticipated.