

<b>Priority:</b>	Safety Net Services	<b>Lead Agency:</b>	County Human
<b>Program Offer Type:</b>	Existing Operating	<b>Program Contact:</b>	Godwin Nwerem
<b>Related Programs:</b>	21016A, 40011		
<b>Frameworks:</b>	School Aged Policy Framework, Early Childhood Framework		

### **Executive Summary**

For Hispanic families needing mental health services, Bienestar was created as an inter-departmental approach to providing coordinated services. Services like counseling and parenting classes are provided in the community and schools. Enhances the capacity of existing County services to deliver mental health and addiction treatment to the Hispanic community. (This offer amended by the board, see significant program changes for more information).

### **Program Description**

Bienestar de la Familia (Well-being of the Family), a multi-disciplinary team, serves the Latino community in Multnomah County. The program provides culturally specific and linguistically appropriate comprehensive mental health, social services, and drug and alcohol evaluation services. Twenty-six percent of Latinos (vs. 10% of Anglos) are poor and face system barriers due to language, immigration status, and education. Historically, Latino's have few qualified service provider options, limited access to services, and culturally incompetent care with mainstream providers. In 1998, in an effort to reduce health disparities, the County Board of Commissioner's targeted funding to increase and improve the Latino communities access to mental health, alcohol and drug evaluations, and social services.

The multi-disciplinary team works in collaboration with other agency and independent Hispanic providers in the community with the goal of providing appropriate, seamless, customized and coordinated care for the Hispanic client and family. The program links with the School Age Policy and Early Childhood Frameworks through integrated Touchstone and Migrant Headstart programs. The bi-lingual/Spanish and mostly bi-cultural/Hispanic Bienestar staff are clinically seasoned, fluent, and experienced in the Spanish language and Latino culture. Bienstar staff understand and utilize the specificity and nuances of language and culture to provide Nationally recognized Culturally And Linguistically Appropriate Services and best-practices care to a growing and diverse community.

### **Program Justification**

An estimated one-third of the Latino population in this County is uninsured or cannot be served by their insurer due to language or cultural barriers, per Salir Adelante, a 2000 Multnomah County Hispanic Needs assessment. National and Federal studies have shown that the Latino population suffers from a higher rate of depression and anxiety than any other cultural group. These conditions are further worsened by lack of sufficient service providers to meet the needs, poverty, acculturation issues and increasing health disparities as noted by the Surgeon General's Report of 2001. In Multnomah County, these issues are seen in high rates of depression and anxiety, parenting and couple concerns, domestic violence, increased school referrals due to defiant or disruptive behavior, gang activity, and rates of chemical dependence. Research shows that Latinos fare better when served by an accessible, competent and linguistically appropriate Latino provider.

### **Performance Measures**

Increase the number of Hispanic children and adults receiving culturally specific mental health treatment, addiction pre-treatment, and social services;

Increase the number of parents receiving parenting and addiction prevention classes;

Provide new series of information and classes to address abuse and neglect;

Total unduplicated adults served.

### **Summary of last year's program results and this year's expected results**

Number of children and adults served: 2004 (to date) 221; FY 2005 = 243

Number of parents receiving service: 2004 (to date) 100; FY 2005 = 130

Provide new abuse and neglect prevention classes: 2004 = 0; 2005 = 2 series

Unduplicated adults served: 2004 (to date) = 124; 2005 = 130

**Program Mandate: 4 Program and Funding Level Choice**

Financial obligations contingent upon County choosing to operate as a CMHP per ORS 430.620 and contract as MHO. Adult Mental Health Rule 309-032-0525, Child Mental Health Rule 309-032-0950

**Revenue/Expense Detail**

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
	2005	2005	2006	2006
<b>Program Expenses</b>				
Personnel	\$338,646	\$357	\$226,476	\$0
Contracts	\$0	\$0	\$0	\$8,000
Materials & Supplies	\$1,904	\$7,251	\$2,156	\$1,193
Internal Services	\$22,455	\$39,453	\$36,845	\$56,523
Subtotal: Direct Exps:	<b>\$363,005</b>	<b>\$47,061</b>	<b>\$265,477</b>	<b>\$65,716</b>
Administration	\$0	\$0	\$2,467	\$11,707
Program Support	\$0	\$0	\$7,056	\$13,584
Subtotal: Other Exps:	<b>\$0</b>	<b>\$0</b>	<b>\$9,523</b>	<b>\$25,291</b>
Total GF/non-GF:	<b>\$363,005</b>	<b>\$47,061</b>	<b>\$275,000</b>	<b>\$91,007</b>
Program Total:	<b>\$410,066</b>		<b>\$366,007</b>	
Program FTE	0.00	0.00	2.73	0.00
<b>Program Revenues</b>				
Intergovernmental	\$0	\$46,711	\$0	\$65,716
Program Revenue for Admin	\$0	\$0	\$0	\$25,291
<b>Total Revenue:</b>	<b>\$0</b>	<b>\$46,711</b>	<b>\$0</b>	<b>\$91,007</b>

**Explanation of Revenues**

This program is funded primarily with \$445,096 from County General Fund. The other funding sources are \$12,199 from Medicaid, and \$53,517 from Oregon Health Plan.

**Significant Program Changes**

In the next fiscal year it is expected that there will be an increase in services to adults and children despite the loss of adult serving mental health consultant in Summer 2004. Parenting class numbers are estimated to reach 90 families and drug and alcohol classes to reach 50 families due to community trust, visibility, and availability of psycheducation series of classes. Percent Hispanic/Latino Verity members receiving at least one outpatient mental health service FY04. Children = 0.9% Adults = 4.8% (Numbers in line, with 26% uninsured population and lack of culturally competent providers in Multnomah County.)

**Budget Note:**

The Chair's Proposed budget did not include the \$445,096 of County General Funds for this program. A Board amendment partially restores the program with \$275,000 in County General Funds (of which \$9,523 is for prorated Administration and Support). The amendment restores 2.73FTE of the 4.45FTE in the program.