

Priority: Safety Net Services
Program Offer Type: Existing Operating
Related Programs: 25029, 25031
Frameworks: Poverty Framework

Lead Agency: County Human
Program Contact: Ray Hudson

Executive Summary

Outpatient treatment is the most common, least expensive and most effective level of care in Alcohol & Drug treatment. Individuals working to overcome an addiction are provided a variety of treatment services that include; individual, group, and family counseling; medication management; and relapse prevention.

Program Description

Outpatient services are delivered throughout the County via a network of State-licensed contracted providers. These providers are culturally sensitive and many have multilingual staff on-site. Their staff are certified in alcohol and drug treatment, and many have extensive experience, education and training in mental health. These providers help clients shift from ambivalence and denial to acceptance and incentive to change. Each client who enters treatment is treated as a unique individual. The providers help clients address issues that are barriers to recovery, and develop strategies and skills to overcome them. This includes treating individuals with more than one diagnosis and people arrested for driving while under the influence of an intoxicant. Intake assessment, level of care placement, counseling (group, individual and family), relapse prevention, and referral to aftercare self-help groups are all part of the outpatient treatment continuum. Most of the providers in the network are progressing well towards Evidence Based Practices, as required by State mandate. Most are using some form of Motivational Treatment or Motivational Interviewing as a basis for their treatment model. Clients are in active treatment for two to six months. Providers also address: parenting skills; stress and anger management; housing issues; independent living skills; health education and self-care; linkages to employment services; and recreation and healthy use of leisure time.

Program Justification

This program directly addresses basic behavioral health (addictions) needs of vulnerable citizens who are unable to manage or obtain treatment for their addiction on their own. Successful completion of treatment has been repeatedly shown to help move people toward greater self-sufficiency, increases their employment status, increases their income, and reduces their criminal activities. This population will move away from chronic problems and crises toward greater self-sufficiency and an improved sense of personal health as a result of this program. They will be better equipped to meet their basic living needs, or deal with the problems that are preventing them from doing so.

This program fits into the Poverty Framework by addressing behavioral health needs of adults, providing information on and referral to other necessary social services, helping to support and strengthen families by including family therapy, and providing linkages to employment services.

Performance Measures

Sixty percent (or more) of clients will successfully complete treatment, as defined by State regulations (clean urinalysis and completion of treatment plan goals).

Summary of last year's program results and this year's expected results

Programs provided treatment to approximately 7,000 clients last year. FY06 results will be similar.

Program Mandate: 4 Program and Funding Level Choice

This is a Multnomah County Income Tax initiative.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2005	2005	2006	2006
Personnel	\$195,281	\$0	\$0	\$0
Contracts	\$2,770,771	\$233,940	\$620,000	\$1,381,805
Materials & Supplies	\$11,264	\$0	\$0	\$0
Internal Services	\$33,496	\$0	\$0	\$0
Subtotal: Direct Exps:	\$3,010,812	\$233,940	\$620,000	\$1,381,805
Administration	\$0	\$0	\$16,211	\$45,877
Program Support	\$0	\$0	\$46,363	\$53,324
Subtotal: Other Exps:	\$0	\$0	\$62,574	\$99,201
Total GF/non-GF:	\$3,010,812	\$233,940	\$682,574	\$1,481,006
Program Total:	\$3,244,752		\$2,163,580	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Intergovernmental	\$0	\$233,940	\$0	\$1,381,805
Program Revenue for Admin	\$0	\$0	\$0	\$99,201
Total Revenue:	\$0	\$233,940	\$0	\$1,481,006

Explanation of Revenues

Funding provided by \$1,284,558 from the State Mental Health Grant, \$97,247 from Local 2145 Tax Sharing, and \$620,000 ITax funds.

Significant Program Changes

Mental Health & Addictions Services Division recently began requiring addiction contractors to obtain a mental health license as well as the usual addiction licenses. This will allow contractors to provide dual diagnosis services to clients with significant mental health disorders. This change should result in improved program retention.