

Program # 25026 - A&D Acupuncture

Version 2/14/2005 s

Priority: Safety Net Services

Lead Agency: County Human

Program Offer Type: Existing Operating

Program Contact: Ray Hudson

Related Programs: 25030, 25031

Frameworks:

Executive Summary

For a person addicted to heroin or another drug, acupuncture, when combined with other treatment, is effective in increasing treatment retention and aids in relapse prevention. Acupuncture relieves withdrawal symptoms and associated stress, so that individuals are more likely to remain in treatment and off the street.

Program Description

Used as an adjunct to Alcohol & Drug treatment, acupuncture has repeatedly been shown to significantly increase retention in, and successful completion of treatment programs. This program takes place within Central City Concern, in their inpatient detoxification program and in their outpatient program at Portland Alternative Health Center (PAHC). Acupuncture treatment is provided to clients of these programs as part of, and integrated into, the Alcohol and Drug treatment program.

Program Justification

This program directly addresses basic Physical and Behavioral Health (Addictions) needs of vulnerable citizens who are unable to provide for their own care. Those treated with acupuncture will complete needed drug and alcohol treatment at a higher rate and have a better chance at self-sufficiency as a result of this program. Successful completion of outpatient Alcohol and Drug treatment has been shown in repeated studies to reduce medical costs, improve income and employability, and reduce crime.

A recent report studying the PAHC program stated: "There is a growing body of literature confirming the effectiveness of traditional Chinese medical practices, namely acupuncture, as an adjunct to Western addiction recovery treatment models. This scientific literature supports the contention that acupuncture reduces the physiological stress during detoxification, reduces craving following detoxification, and diminishes other conditions such as depression. Patients appear to remain in treatment longer, demonstrate higher treatment completion rates, and require less re-hospitalizations." (Moore, T. (August 2000). Portland Addictions Acupuncture Center Program Evaluation: Final Report. Portland, OR: Central City Concern)

The Portland Alternative Health Center (PAHC), opened in 1988 as the Portland Addictions Acupuncture Center (PAAC), and is operated by Central City Concern. PAHC/PAAC provides traditional social model outpatient alcohol and drug (A&D) treatment that is augmented by alternative health improvement interventions including acupuncture.

Performance Measures

70% (or more) of PAHC clients receiving acupuncture will complete outpatient treatment.

Summary of last year's program results and this year's expected results

Acupuncture services were delivered to approximately 700 clients in outpatient treatment and more than 500 clients in detoxification last year and this year's results should be similar.

Program Mandate: 3 Program Choice but No Funding/Service Level Choice

"ALCOHOL AND DRUG ABUSE PREVENTION, INTERVENTION AND TREATMENT

- 430.240 Goal of treatment programs for drug-dependent persons
- 430.250 Policy
- 430.255 Governor’s Council on Alcohol and Drug Abuse Programs; qualifications; duties; compensation and expenses; removal
- 430.257 Legislative findings; comprehensive state plan; assistance for council
- 430.258 Statewide plan of services for alcohol and drug abuse prevention and treatment
- 430.259 State agencies to cooperate in plan
- 430.265 Contracts with federal government for services to alcohol and drug-dependent persons
- 430.270 Publicizing effects of alcohol and drugs
- 430.290 Prevention of alcoholism and drug dependency
- 430.306 Definitions for ORS 430.315 to 430.335, 430.397 and 430.399
- 430.315 Policy
- 430.325 Prohibitions on local governments as to certain crimes
- 430.335 Authority of Department of Human Services relating to alcohol and drug dependence
- 430.338 Purposes of laws related to alcoholism
- 430.342 Local alcoholism planning committees; duties; members
- 430.345 Grants for alcohol and drug abuse prevention, intervention and treatment
- 430.347 Definitions for ORS 430.345 to 430.380
- 430.350 Assistance and recommendation of local planning committee
- 430.355 Grant application may cover more than one service
- 430.357 Rules for ORS 430.345 to 430.380
- 430.359 Funding of services
- 430.362 Application requirements for priority consideration
- 430.364 Consideration given requests for priority
- 430.366 Requirements for service proposals
- 430.368 Appeal and review of funding requests; conclusiveness of review
- 430.370 County contracts for services; joint county-city operation
- 430.375 Fee schedule
- 430.380 Mental Health Alcoholism and Drug Services Account; uses
- 430.385 Construction
- 430.395 Funding of regional centers for treatment of drug and alcohol dependent adolescents; rules; criteria for areas served by centers
- 430.397 Voluntary admission of person to treatment facility; notice

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2005	2005	2006	2006
Contracts	\$54,358	\$33,005	\$49,789	\$33,005
Subtotal: Direct Exps:	\$54,358	\$33,005	\$49,789	\$33,005
Administration	\$0	\$0	\$670	\$1,897
Program Support	\$0	\$0	\$1,918	\$2,202
Subtotal: Other Exps:	\$0	\$0	\$2,588	\$4,099
Total GF/non-GF:	\$54,358	\$33,005	\$52,377	\$37,104
Program Total:	\$87,363		\$89,481	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Intergovernmental	\$0	\$33,005	\$0	\$33,005
Program Revenue for Admin	\$0	\$0	\$0	\$4,099
Total Revenue:	\$0	\$33,005	\$0	\$37,104

Explanation of Revenues

Funded by State Mental Health Grant for \$33,005, and County General Fund for \$49,789.

Significant Program Changes

None